# Cold Lake Flu Clinics and Information

It's Flu Season!! Don't forget to get yourselves vaccinated. Do it for you, your family, your neighbors, co-workers and complete strangers! For those that cannot get the shot: children under 6 months of age, those that are pregnant, our aging community members and those that are immunocompromised. There's lots of places to get yours done and only takes a small fraction out of your day #bettertogether #fluseason #vaccinessavelives #influenza #worththetime

# BRING YOUR ALBERTA HEALTHCARE CARD & ID, FILL OUT A FORM AND YOU'RE GOOD TO GO

## Cold Lake Community Health Services

**Cold Lake Agriplex** (4608 38 Avenue) Tuesday, October 22 - 1:00pm to 7:00pm Wednesday, October 23 - 1:00pm to 7:00pm Tuesday, October 29 - 1:00pm to 7:00pm

Cold Lake Community Health Services (1-780-594-4404, 4720 55 street) Monday, October 28 - 11:00am to 3:00pm Saturday, November 2 - 10:00am to 2:00pm

Elizabeth Settlement Community Hall (1-780-594-5028 or call Cold Lake CHS 1-780-594-4404) Tuesday, October 22 - 4:30pm to 7:30pm Monday, October 28 - 4:30pm to 7:30pm

## **Cold Lake First Nations Health Services**

#### CLFN Health Department (1-780-594-7183)

-Available Monday - Wednesday Starting October 21<sup>st</sup> from 10:00am to 3:00pm -Medical Transfers available call 1-780-594-2473 to arrange transport to and from clinic

## **CFB Cold Lake - Military Members**

**22 CF Health Services Centre Cold Lake** (1-780-840-8000 Ext. 8707, Building 69 Kingsway Road - Canex Mall)

-Available 0730 to 1430 Monday - Thursday, 0730 to 1200 Friday.

-For Military Members only, drop in basis, gift card being drawn from all members that go in and receive their vaccines.

# Local Pharmacies:

\*First come, first served basis. Available to anyone over the age of 5 years old when an injection trained pharmacist is on shift (typically at least one during opening hours). Below is a list of Pharmacies that are offering flu vaccine injections in our area:

Forbes I.D.A. Pharmacy (1-780-594-3579, 5016 50 Avenue - Main Street) -Open 9:00am to 6:00pm Monday - Saturday -Pharmacists: Joseph, Gina and Val

**Remedy's Rx - Glacier Gate Pharmacy** (1-780-594-8129, 2504 Glacier Gate - Hospital Road)

-Open 9:00am to 7:00pm Monday - Friday -Pharmacist: Chirayu

Shopper's Drug Mart Pharmacy (1-780-594-7262, 6203A 51 Street)

-Open 8:00am to 10pm Daily -10-15min wait time, appointments recommended for families of 3 or more, or if you have children that need a little more TLC when it comes to needles

Value Drug Mart - Marina Mall (1-780-639-3393, #4-901 10 Street) -Open 9:00am to 6:00pm Monday - Wednesday, 9:00am to 8:00pm Thursday & Friday, 9:00am to 6:00pm Saturday and 11:00am to 4:00pm Sunday and Holidays -Pharmacists: Ron and Jessica, best to call ahead

Value Drug Mart - Tri-City Mall (1-780-594-5444, #206-6503 51 Street) -Open 9:00am to 6:00pm Monday - Wednesday, 9:00am to 9:00pm Thursday & Friday, 9:00am to 6:00pm Saturday and 11:00am to 5:00pm Sunday -Pharmacists: Bob and Twyla -no availability October 14, 16 and 28.

#### Walmart Pharmacy (1-780-840-2343, 4702 43 Avenue)

-Open 9:00am to 9:00pm Monday - Thursday, 9:00am to 6:00pm Friday & Saturday -Pharmacist: Nicole will be running the flu clinics but there are a number of other pharmacists on staff